

Make a quilt in 2019, November

PATTERN TO MAKE A TWELVE-INCH BLOCK

MEASURING 12 X 12" WHEN SEWN INTO A QUILT



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TEXTILES

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To make this block for your quilt, you need:

A piece of fabric in a pale print, about 16 x 5" (41 x 13cm): fabric A

A piece of printed fabric in a medium print, about 16 x 8" (41 x 21cm): fabric B

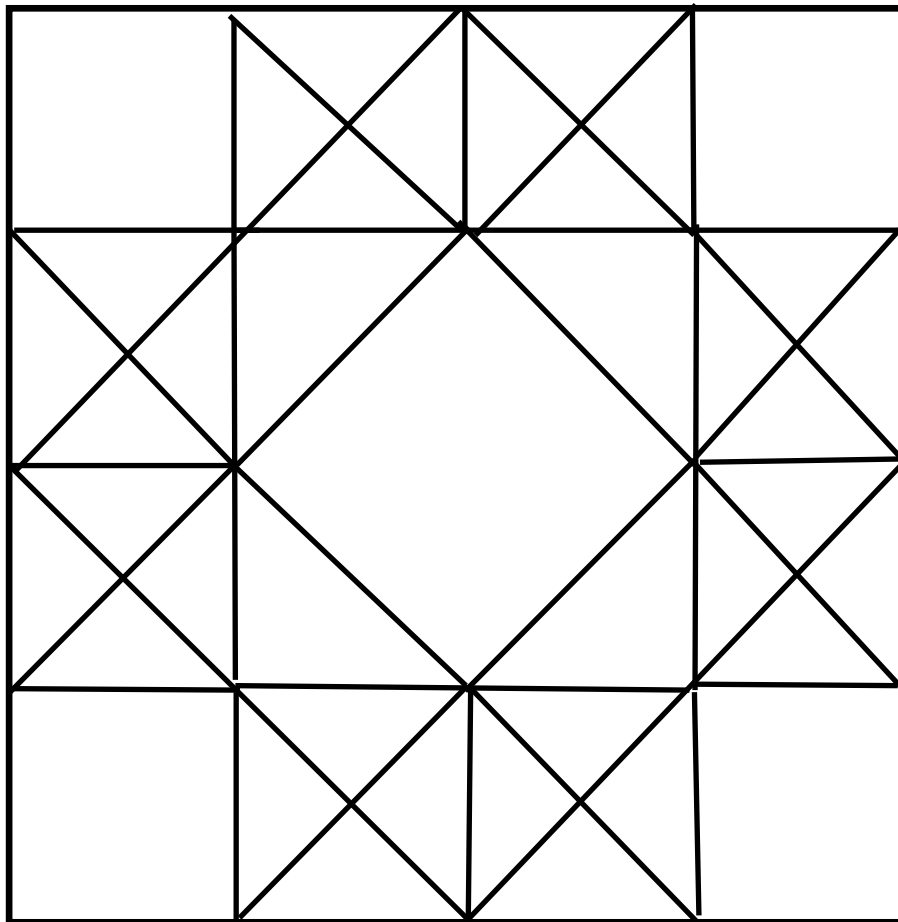
A piece of fabric in a dark print, about 14 x 13" (31 x 33cm): fabric C

Coordinating thread

The finished size of this block (when sewn into the finished quilt) is 12 x 12" (30.5 x 30.5 cm) This is the eleventh of twelve blocks. Instructions for making up the quilt will be included at the end.

Suggested fabrics: 100% cotton pieces. I used blue fabrics—you are encouraged to use a different colour but to stick to a single colour for the whole quilt, to unify the different blocks.

Lay-out of the finished block



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1 Wash, dry and iron fabric. Using a quilter's ruler and rotary cutter, cut

two squares $4\frac{1}{4} \times 4\frac{1}{4}$ " (108 x 108mm) and four squares $3\frac{1}{2} \times 3\frac{1}{2}$ " (89 x 89mm) of fabric A (pale print);

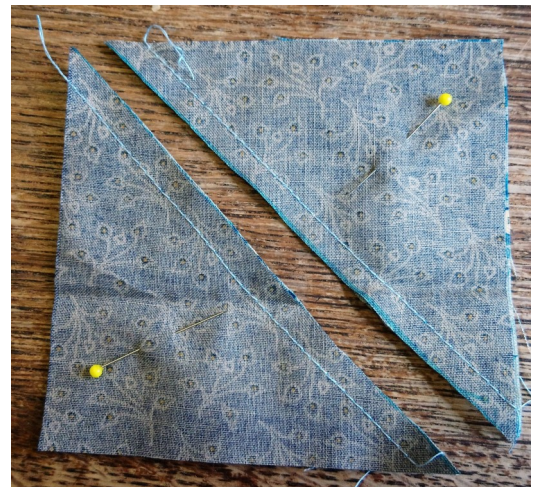
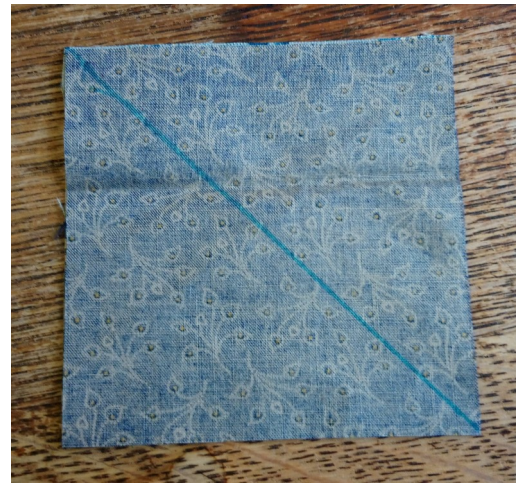
six squares $3\frac{7}{8} \times 3\frac{7}{8}$ " (98 x 98mm) of fabric B (medium print);

two squares $3\frac{7}{8} \times 3\frac{7}{8}$ " (98 x 98mm) and two squares $4\frac{1}{4} \times 4\frac{1}{4}$ " (108 x 108mm) of fabric C (dark print); label the squares so you don't mix them up

2 Take a square of fabric C $3\frac{7}{8} \times 3\frac{7}{8}$ " (98 x 98mm). Place it wrong side up on a flat surface. Draw a diagonal line from corner to corner with an erasable fabric pen on the wrong side of the fabric.

3 Place the marked square right sides together with one of the medium print fabric B $3\frac{7}{8} \times 3\frac{7}{8}$ " (98 x 98mm) squares. Insert pins to hold the fabrics together.

4 Do a line of stitching on either side of the marked line, $\frac{1}{4}$ " (6mm) away from the line. Take the piece out of the machine and cut along the marked line.



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5 Press the seam, then open up the triangles and press again, pressing the seam allowances over to the darker side.



Repeat step 4 and press again so you end up with four squares.

6 Join two squares made in step 4 so the darker triangles are together. Repeat this step with the squares made in step 5.

Then join the two pieces so the dark triangles form a square (see photo). This is the central piece of the block.



7 Take the remaining four $3\frac{7}{8} \times 3\frac{7}{8}$ " (98 x 98mm) squares and cut each in half diagonally.



8 Take the two $4\frac{1}{4} \times 4\frac{1}{4}$ " (108 x 108mm) fabric C dark print squares and cut them in half diagonally in one direction and then in the other direction.



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9 Take the two $4\frac{1}{4} \times 4\frac{1}{4}$ " (108 x 108mm) fabric A pale print squares and cut them in half diagonally in one direction and then again in the other direction.



10 Lay out the triangles on your table as shown in the photo, so you can see how the pattern works.



The four $3\frac{1}{2} \times 3\frac{1}{2}$ (89 x 89mm) squares of fabric A (pale print) go into the four corners.

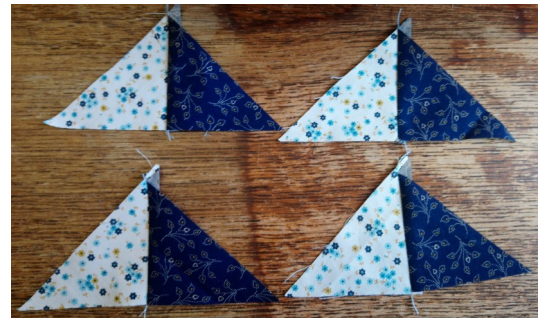
11 First join one small dark triangle to one small pale triangle, with the dark one on the left.

Then make three more pairs the same.



12 Now join one small dark triangle to one small pale triangle, with the pale one on the left.

Then make three more pairs the same.



13 Join each of the units made in step 11 to the long side of a triangle cut in step 7.



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14 Join each of the units made in step 12 to the long side of a triangle cut in step 7.



15 Join one unit made in step 13 to one unit made in step 14. Repeat this step three more times.



16 Stitch one of the units made in step 15 to the left of the central block made in step 6 and another to the right of it.



17 Join one $3\frac{1}{2} \times 3\frac{1}{2}$ (89 x 89mm) pale print fabric A square to the left of one of the units made in step 15 and join another fabric A square to the right of it.



Stitch this piece above the one completed in step 16.

18 Join another $3\frac{1}{2} \times 3\frac{1}{2}$ (89 x 89mm) fabric A pale print square to the left of the second unit made in step 15 and join the final fabric A $3\frac{1}{2} \times 3\frac{1}{2}$ (89 x 89mm) square to the right of it. Turn the piece through 180 degrees and stitch it below the one completed in step 16.



19 Your block is complete. Press it well and keep it safe.



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August	January	November
May	March	September
June	April	
July	February	October

The diagram above shows the position of the January, February, March, April, May, June July, August, September, October and November in the finished quilt.